

通身眼

Tsu Shin Gen Summer Camp

27th to 30th of August 2009

通身眼

INVITATION

Dear Shihan, Sensei, and Sempai,

The Russian organization MMA Tsu Shin Gen together with the Tsu Shin Gen International Budo Association invites you to attend the International Budo Camp
It's open for all organizations and styles and will be held in Russia from

27th August until the 30th August 2009.

The Chief Instructors of the Camp are:



8 Дан Соке Дэвид Кук
8th Dan Soke David C. Cook

6 Дан Шихан Иван Титенков
6th Dan Shihan Ivan Titenkov

Soke David Cook 9th Dan

Shihan Ivan Titenkov 6th Dan



Information

1. Included in the program of the camp is:

- training Tsu Shin Gen - Mixed Martial Art
- training Tsu Shin Gen - Fighting Karate
- training Tsu Shin Gen - Ashihara International Karate
- training Tsu Shin Gen - Kyokushin Karate
- grading test for students for 4th, 3rd, 2nd and 1st Kyu
- Dan grade test for Shodan, Nidan and Sandan

2. Arrival of the participants – 27th August at 17.00
Departure of the participants – 30th August at 20.00, or 31th August

3. The Summer Camp will be held at:

Russia, the Moscow region, Pushkinsky area, settlement "Zeleny Gorodok", at the boarding house "Salute".

4. Travel from Moscow:

- From the Yaroslavl station by an electric train, up to station "Pushkino", further by the bus № 28 or on a fixed-route taxi № 28 up to a final stop - village Kostino.

Please note that all foreign delegations will be met at the airport and driven by bus to the camp.

Therefore we will need your flight number and arrival time.

5. Necessary things:

- two Karate Gi's (if you have two)
- sports footwear
- sparring gloves
- individual means of protection.

6. The cost of the Summer Camp will be **Euro 130**
(included invitation from Olympic Comitee Euro 30).

7. Included in the cost of the Camp is:

- Three meals a day
- Accommodation
- Rent of a sports hall
- Instruction Fee
- Registration of the Invitation.

8. Cost of examinations for

- Kyu grades **Euro 20**
- Cost of examination for:
 - Shodan, Nidan and Sandan **Euro 170 (Including a Black Belt)**
 - Without a Black Belt **Euro 110**

9. For all those wishing to visit our Summer Camp it is necessary for the registration of the official invitation and visa support, that the application is received by us no later than the 1st August 2009 with your date of arrival and the date of your departure.

Please send your application by fax to:

+7 495 709 36 34 or to e-mail: shihan@inbox.ru

with the following information:

- names and surnames of participants
- copies of identification page of your passports
- the full name of the organization or club with the exact post address and contact phones, e-mails and faxes.

10. To all candidates who wish to participate in Dan Grades Tests, it is necessary to submit your application stating which system you wish to be tested in, before hand and inform Soke David Cook or Shihan Ivan Titenkov no later than the 1st of August 2009.

For the additional information it is possible to contact:

Soke David Cook at david@sallen.se or Shihan Ivan Titenkov at shihan@inbox.ru

THE SCHEDULE

*Realizations of the International Budo-camp
From August 27 till August 30, 2009
(the place of realization - the boarding house "Salute")*

1. **August, 27**
 - 17-00 - arrival of participants of camp
 - 19-00 – supper
 - 20-30 - training in a hall till 22-00**
 - 23-00 - dream

2. **August, 28**
 - 7-00 - rise
 - 7-30 - 8-30 - morning training outdoors**
 - 9-00 – breakfast
 - 11-00 - training in a hall till 13-00**
 - 14-00 – dinner
 - 15-00 - rest till 16-30
 - 17-00 - training in a hall till 18-30**
 - 19-00 – supper
 - 23-00 - dream

3. **August, 29**
 - 7-00 - rise
 - 7-30 - 8-30 - morning training outdoors**
 - 9-00 – breakfast
 - 11-00 - training in a hall till 13-00**
 - 14-00 – dinner
 - 15-00 - rest till 16-30
 - 17-00 - training in a hall till 18-30**
 - 19-00 – supper
 - 20-30 – Grading preparation training**
 - 23-00 - dream

5. **August, 30**
 - 7-00 – rise
 - 7-30 - 8-30 - morning training outdoors**
 - 9-00 – breakfast
 - 10-00 – 13-00 - Technical Examination**
 - 14-00 – dinner
 - 16-00 - 17-30 - KUMITE Examination**
 - 18-00 - Delivery of certificates, solemn closing of camp, Photo for memory
 - 20-00 - departure of participants

Welcome!